



reaching hearts for kids

PANAMA MISSIONS - 2018

Important Dates

Meetings

January 20, 2018

March 24, 2018

June 2, 2018

Packing Party: July 15, 2018

Meetings will also be announced as needed. If you cannot attend, you must contact Pastor Micah - (call/text) - 301.717.9556 or email: youth.dude@me.com

Deadlines

February 3 - Registration Form

March 24 - All forms due (Copy of Passport)

March 24 - \$750 of funds

June 2 - \$750 of funds

June 23 - 100% of funds

Flights Information

TBD (Please wear your mission shirt!)

Passports

If you have a passport – it must expire February, 2019 or later! Panama won't let you in otherwise. Need to renew or get a passport? Go to Travel.State.Gov – Allow 6 weeks but I would recommend you apply immediately.

Visas are not required of US Citizens. If you are not a US citizen, be sure to check with the consulate of your country as Panama may require you to have a visa.



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Trip Overview

Reaching Hearts Seventh-Day Adventist Church is sponsoring a mission trip to Panama from July 18 to August 1, 2018.

We will be working among the Ngobe-Bugle Panamanians in the Chiriqui province, continuing improvements on the school and new church building at the Ismael Ellis School. The school is located in the mountains of the Chiriqui province. We will stay at the Paradise Inn once again with our wonderful host Kalle. Our accommodations require sharing a room with other participants but we will do our best to keep families together. We will eat meals at the school and the hotel.

The fee for participating in the trip is \$2,000. (We will reduce the cost if we get a better price on airline tickets). This covers transportation, lodging, most meals and a mission trip T-shirt. It does not include spending money, vaccinations, souvenirs or passport fees.

You must send a nonrefundable registration fee of \$200 with your application.

Registration is open and accepted on a first-come, first-served basis. We understand that most everyone will fundraise to cover mission trip expenses and that those funds come in sporadically, but **you must have at least \$750 in your mission trip account by March 24, 2018.** You must pay for the entire trip by **June 23, 2018.**

To register for the trip, complete and submit the following items:

- Mission trip application (with attached copy of your passport)
- Participant contract
- Parent/guardian consent for medical treatment if under 18 years of age (attach a copy of your medical insurance card)
- Adult medical consent form (attach a copy of your medical insurance card)
- Permission to travel if under 18 and traveling without a parent
- **Nonrefundable** registration fee (\$200)

You can either submit your completed packet directly to Pr. Micah at Reaching Hearts Adventist Church or mail it to:

Micah Davis

Attn: Panama Mission Trip

9500 Holsey Rd.

Damascus, MD 20872

We will have **three meetings** and a **packing party** before the trip to answer questions and share information, and prepare for the project. Our prior trips have been quite successful, and we anticipate participant slots will fill quickly, so sign up today! If you have any questions about the trip, please contact Pr. Micah at youth.Dude@me.com or 301.717.9556.



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APPLICATION

Personal Information

Shirt size

S	M	L	X	XX	XXX
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Name: _____
(Full legal name as it appears on you passport)

Address: _____

City: _____ State: _____ Zip: _____

Telephone (home/cell): _____

Email: _____

Passport number: _____

Issue date: _____ Expiration date: _____

If you are under age 18, please provide your parent's or guardian's contact information.

Mother's name: _____

Telephone (home/cell): _____

Email: _____

Father's name: _____

Telephone (home/cell): _____

Email: _____

In case of emergency, please notify:

Name: _____ Relationship: _____

Telephone (home/cell): _____

Email: _____



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MEDICAL CONSENT FORM

Please answer the following questions and sign with a notary verification

Name: _____

Your present health: Excellent _____ Good _____ Fair _____ Poor _____

Recent illness or injury: _____ When? _____

What allergies do you have? _____

Describe your reaction to the above allergies: _____

What medications are you taking (including asthma or bee sting medications)?

Physician: _____ Physician's phone number: _____

Medical insurance company: _____ Member's name: _____

Group number: _____ Group name: _____ Policy number: _____

Permission: As the parent or legal guardian of _____, hereafter referred to as "my child", I give permission for my child to participate in the Reaching Hearts Seventh-day Adventist Church mission trip to Panama, July 18–Aug. 1, 2018. This entire form shall remain in effect beyond the listed dates for events that are related to or extend to this trip. I understand transportation to and during this mission trip will include airplanes, buses, cars and vans and/or trucks.

Conditions: I agree to assume all financial responsibility resulting from my child's actions requiring additional expenses, including but not limited to damages to the property of others and all additional costs should it become necessary to send my child home early. I understand this will include my child's ticket home, the cost of a chaperone's ticket to return my child AND to return the chaperone to Panama to continue the mission trip. If medical care is required, I understand our family's insurance is to be the primary insurance coverage and that the travel insurance included in the price of the trip is secondary insurance, subordinate to our regular medical coverage.



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Privacy Release: I hereby authorize any medical practitioner, hospital, facility, insurance company or any other person or entity that has medical records or knowledge of medical records of the undersigned or my above listed dependent, to release such information to, or to discuss said information with, medical practitioners, hospitals, facilities or insurance companies providing treatment during the above listed trip. The mission team will guard the privacy of this information, as required by law.

Date

Mother's Name

Date

Father's Name

Signature and Seal of Notary Public



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PARTICIPANT CONTRACT

I, _____ will:
(Printed name of participant)

- participate with the entire group and work in a cooperative team spirit;
- maintain a positive attitude toward the rigors of travel and work;
- support the high standards of the Seventh-day Adventist Church;
- adhere to the mission trip guidelines (see next page);
- treat all other people with respect and not cause any intentional harm (physical, emotional or spiritual) to any person in any way;
- respect the property of others, including all program facilities and property;
- follow all appropriate instructions of all personnel involved in this event, including chaperones, support staff and transportation personnel;
- be on time for all check-ins and departure time; and
- not have in my possession any tobacco, alcohol or controlled illegal substance.

I agree that if any of these terms are violated, the leadership can send the participant home at participant's or guardian's expense.

Participant signature

Date

If younger than 18:

Parent/guardian signature

Date



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TRIP GUIDELINES

Participation in this trip is an awesome opportunity. It is important to understand that work projects are WORK. Each person is expected to do his/her share no matter what the assignment. We will mix fun and fellowship with team activities. We want all to have an enjoyable and meaningful experience.

Cleanliness

We expect you to keep yourself and your general area clean. Keep your clothes (clean and dirty) in suitcases or bags neatly arranged in your sleeping area (we will try to get laundry done while there but cannot guarantee it). You must wash your hands carefully before every meal. This could save you some uncomfortable grief later. We strongly recommend that you take several bottles of pocket-sized hand sanitizer.

Mobile Devices

This trip provides a wonderful opportunity to strengthen our relationship with Jesus, with each other, and with the local people in Panama. Spending time on mobile devices is counterproductive to this purpose. While in Panama, your mobile devices are cameras only.

Christian Conduct

Conduct is to be that of a Christian person, willing to give and take and maintain the spirit of unity and harmony of the group; to extend politeness and courtesy to those with whom we come in contact, both locals and team members. All of our actions should be representative of Seventh-day Adventist Christians. The basis for our behavior is "So whatever you eat and drink or whatever you do, do it all for the glory of God" (1 Corinthians 10:31).

Consequences

Participants will receive **two** warnings for serious misbehavior or non-participation. Parents will be notified, (if the participant is a minor), after the second warning, and on the third warning, we may send you home at your own expense.

Worship Services

Team members are expected to attend local worship services every weekend. Times for morning and evening worship are built into the schedule.



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PACKING LIST

Pack light – bring everything you need & need everything you bring. Your packing is limited to **one** piece of luggage (50 lb max.) to check and **one** to carry on. A 51+ lb bag will cost you. You will also be carrying a team supplies suitcase which we will be packing at our last meeting. You are responsible for both suitcases.

TSA Restrictions for Carry-on Items

From www.TSA.gov - Liquids, gels, aerosols, creams and pastes must be 3.4 ounces (100ml) or less per container; must be in 1 quart-sized, clear, plastic, zip-top bag; 1 bag per passenger placed in screening bin. The bag limits the total liquid volume each traveler can bring.

The Basics

Insect repellent (high deet percentage) Light waterproof jacket
Sunblock
Beach towel
Personal medications (pack in carry-on) Laundry bag
Small daypack
Sandals/flip-flops
Hat or visor
Water filtration bottle
Hand sanitizer
Camera
Sunglasses
Bible
Personal toiletries (toothbrush, toothpaste, shampoo, soap, deodorant, lotion, etc.)

Work Gear

Jeans or shorts T-shirts
Work boots, sneakers or closed-toe shoes
Work gloves

Other Clothes

Underwear and socks
Clothes and shoes for Sabbath (Shirt and khakis for guys; skirt/blouse or dress for girls)
Swimsuits (please bring modest, one-piece suits)
Sleepwear
Shorts/pants and shirts for after work
Sneakers/comfortable shoes

What Not to Bring

Anything you would be upset to lose

Cultural Sensitivity

This area is conservative by our standards. Pack modest clothing, and do not wear excessive makeup or jewelry while on the worksite or to church.